

**Volatile Substances**

Glue, Gases, Aerosols, Thinners.

Effects are similar to alcohol, users feel dizzy and giggly. Can cause hallucinations. Lasts from a few minutes to half an hour.

Empty or damaged butane gas, aerosol or glue containers. A chemical smell on clothing, hair or breath.

Nausea, vomiting, black-outs and heart problems. Can cause instant death. Regular sniffing can lead to memory impairment and loss of concentration.

**Prescription Drugs**

Jellies, Eggs, Tams, Vallies, Diffis.

These drugs are often prescribed for sleeping problems or depression. They depress alertness and mental activity. May produce aggression, also creates drowsiness and sleep.

These drugs are prescribed for valid reasons but can be abused. Look for pill bottles and distinctive marks on tablets.

Very dangerous when taken with alcohol. Often used as a substitute for illicit drugs which can result in too many being taken.

**LSD**

Acid, Trips, Tabs or described by print design.

Heightened awareness of colour and sound. Hallucinations, disorientation, panic, persecution, mania and belief in invincibility.

Doses wrapped in silver foil. Bad 'trips' can cause anxiety, depression and paranoia.

Unpredictability of effects, limb trembling, tends to exaggerate moods eg intensified depression etc. 'Flashbacks' can occur several months after use. Susceptibility to accidents whilst under influence.

**Heroin**

Smack, H, Horse, Skag, Junk, Dragon, Kit, Toot, Burn.

Relaxed euphoria, drowsiness, dehydration and lack of appetite. Runny nose, constricted pupils, needle marks and weeping sores. Tremors, cramps and sweating.

Brown powder may smell like vinegar. Syringes and needles, bent spoons, tourniquet (belt, tie or string), wraps of paper, blackened tinfoil, matchbox covers.

Physical dependency. Accidental overdose can cause coma, damage to blood vessels. Sharing injecting equipment puts users at risk of hepatitis or HIV/AIDS.

**GHB and Ketamine**

GHB is known as GHE, GBH, Gabba, Liquid Ecstasy. Ketamine is known as K, Special K, Vitamin K, Ket.

Small doses of GHB increase friendliness, larger doses cause sickness, muscle stiffness, vision and coordination problems. Ketamine is a powerful anaesthetic which can produce 'out of body' experiences.

Small bottles or capsules, white powder and liquid. Empty alcohol bottles or fizzy drinks, which are sometimes mixed with these drugs.

Convulsions, coma and breathing problems. Ketamine users may hallucinate or have vision problems; mixing with alcohol can cause heart failure. GHB linked to drug-assisted sexual assault.



### Ecstasy

'E', Eekies, Ferrari, Mitsubishi, 69s, Adam.

Abundant energy, increased friendliness and sociability, increased colour perception increased thirst and diminished co-ordination, excessive drinking of non-alcoholic beverages.

Unprofessionally produced tablets, specific markings on tablets.

Increased blood pressure and body temperature, anxiety and paranoia. Risk of heart failure and liver damage.

### Crack

Rock, Crystal.

Produces rush of euphoria followed by rapid depression. Loss of self control, dilated pupils, aggressive behaviour.

Small bottle containing three or four rocks. Papers or foil wraps and home-made pipes. Often carried in the mouth prior to a 'deal'.

Highly addictive. Direct toxic action on the heart. Can be fatal.

### Cocaine

Coke, Charlie, C , Snow.

Provides a feeling of exhilaration, well-being, strength, alertness and an abundance of energy and elation. Can be followed by rapid 'come down'.

Folded wraps of paper or foil. Scales, mirror, razor blade, straw or tube for sniffing, also needles, syringes, spoons.

Can cause damage to the inside of nose. Severe weight loss, heart and circulation problems. Paranoia and psychological disorders.

### Cannabis

Dope, Blow, Hash, Pot, Grass, Spliff.

Produces relaxation, talkativeness, sense of well being, lack of inhibitions, increased appetite ('munchies'), disorientated behaviour and uncontrollable giggling.

Large cigarette papers, home-made filters or holders. Clingfilm packages, 'bongs' (plastic bottles etc with straw inserted) Distinctive aromatic sweet, slightly sickly smell.

Impairs co-ordination and judgement. Can affect short-term memory. Increases risk of bronchitis and other lung problems.

### Amphetamines

Speed, Whiz, Uppers, Sulphate, wake-ups, Bombers, Base.

Increased alertness, alternating moods, aggressive behaviour, abundance of energy and confidence, loss of appetites and sleeplessness.

It has a distinctive pungent ammonia smell. Paper wraps, needles, dilated pupils, dry lips, grinding teeth.

Regular use can lead to weight loss and physical and psychological dependence. Increased blood pressure, damaged blood vessels, heart failure.